



Grace Episcopal
School

Weekly Plan 04 March 2024 - 29 March 2024

Mon (4)	Tue (5)	Wed (6)	Thu (7)	Fri (8)
BREAKFAST Waffles, Ham, Diced Pears, Milk	BREAKFAST Blueberry muffin, Bananas, Milk	BREAKFAST Cheese Toast, Lil' Smokies, Bananas, Milk	BREAKFAST Mini croissants, Ham, Bananas, Milk	BREAKFAST Sausage and biscuit, Bananas, Milk
AM SNACK Mix fruit cups	AM SNACK Yogurt, Water	AM SNACK Sliced cantaloupe, Water	AM SNACK Mandarin cup, Water	AM SNACK Diced Pears, Water
LUNCH Meatballs, Green Beans, Rice, Milk, Water	LUNCH Chicken nuggets, Tater tots, Diced peaches, Milk, Water	LUNCH Red beans w/ sausage, Rice, Corn bread, Milk, Water	LUNCH Grilled chicken, Mashed Potatoes, Mixed Veggies, Milk	LUNCH Fish stick, Mac n Cheese, Green peas, Milk, Water
PM SNACK Graham Crackers, Cream Cheese, Water	PM SNACK Chunk pineapple, Water	PM SNACK Ritz bits crackers, Water	PM SNACK Sliced Apples, Water	PM SNACK Chex mix, Water

Mon (11)	Tue (12)	Wed (13)	Thu (14)	Fri (15)
BREAKFAST Multi grain cheerios, Yogurt, Milk	BREAKFAST Waffles, Ham, Bananas, Milk	BREAKFAST Sausage Kolache, Bananas, Milk	BREAKFAST French toast, Bacon, Bananas, Milk	BREAKFAST Bagel, Cream Cheese, Bananas, Milk
AM SNACK Mix fruit cups, Water	AM SNACK Applesauce, Water	AM SNACK Sliced Apples, Water	AM SNACK Yogurt, Milk	AM SNACK Chunk pineapple, Water
LUNCH Chicken Tenders, Diced Carrots, Mandarin cup, Milk, Water	LUNCH Spaghetti w/ meat sauce, Green Beans, Crackers, Milk, Water	LUNCH Steak Fingers, Mac n Cheese, Green peas, Milk, Water	LUNCH Chicken nuggets, Tater tots, Diced Pears, Milk, Water	LUNCH Mini corn dog, Baked beans, Mix fruit, Milk, Water
PM SNACK Animal cracker, Water	PM SNACK Sliced of oranges, Water	PM SNACK Water, Gold fish	PM SNACK Diced peaches, Water	PM SNACK Cheez it crackrs, Water

Mon (18)	Tue (19)	Wed (20)	Thu (21)	Fri (22)
BREAKFAST NO SCHOOL	BREAKFAST Blueberry muffin, Sausage Patties, Milk	BREAKFAST Cheese Toast, Bananas, Milk	BREAKFAST Waffles, Ham, Bananas, Milk	BREAKFAST Pancakes, Sausage Patties, Bananas, Milk
	AM SNACK Mandarin Segments, Water	AM SNACK Sliced Apples, Water	AM SNACK Yogurt, Water	AM SNACK Diced Pears, Water
	LUNCH Chicken Tenders, Mashed Potatoes, Mixed Veggies, Milk, Water	LUNCH Trio noddles, Meat sauce, Green Beans, Crackers, Milk, Water	LUNCH Turkey sub sandwich, Veg chips, Diced peaches, Milk, Water	LUNCH Fish stick, Mac n Cheese, Diced Carrots, Milk, Water
	PM SNACK Gold fish, Water	PM SNACK Chunk pineapple, Water	PM SNACK Sliced of watermelon, Water	PM SNACK Strawberry shortbread cookies, Water

Mon (25)	Tue (26)	Wed (27)	Thu (28)	Fri (29)
BREAKFAST Sausage and biscuit, Milk	BREAKFAST French toast, Bananas, Milk	BREAKFAST Sausage Kolache, Bananas, Milk	BREAKFAST Blueberry muffin, Lil' Smokies, Milk, Bananas	BREAKFAST NO SCHOOL
AM SNACK Applesauce, Water	AM SNACK Yogurt, Water	AM SNACK Sliced cantaloupe, Water	AM SNACK Sliced of oranges, Water	
LUNCH Chicken nuggets, Tater tots, Mix fruit, Water	LUNCH Beef ravioli, Green Beans, Diced Pears, Milk, Water	LUNCH Grilled chicken, Mac n Cheese, Diced Carrots, Milk, Water	LUNCH Beef Enchiladas, Rice, Corn, Milk, Water	
PM SNACK Animal cracker, Water	PM SNACK Fruit cereal bars, Water	PM SNACK Sliced Apples, Water	PM SNACK Chocolate chip cookies, Water	