

March 2020

Happy Mardi Gras!!!



Grace Episcopal School shops weekly for the freshest fruits from our local community grocery vendors. Our healthy meal & snack choices are prepared on site, every day. In the event your child has dietary restrictions, feel free to pack flavorful food from home or we may be able to provide options.

DAY OF THE WEEK	DATE	BREAKFAST	SNACK [a.m.]	LUNCH	SNACK [p.m.]
Monday	03/02/20	Sausage Biscuit Applesauce Milk	Green Eggs and Ham Water	Meatballs Rice Green Beans Milk	Chex Mix Water
Tuesday	03/03/20	French Toast Bacon Bananas Milk	Yogurt Water	Chicken Nuggets Mac & Cheese Mixed Veggies Milk	Mixed Fruit Cups Water
Wednesday	03/04/20	Cheese Toast Lil' Smokies (Turkey) Sliced Apples Milk	Bananas Water	Steak Fingers Green Peas Diced Pears Milk	Animal Crackers Water
Thursday	03/05/20	Blueberry Muffins Bacon Strawberries Milk	Sliced Apples Water	Grilled Chicken Rice Spinach Milk	Sliced Cantaloupe Water
Friday	03/06/20	Sausage Kolaches Yogurt Milk	Mandarins Water	Fish Sticks Mashed Potatoes Diced Carrots Milk	Ritz Bits Water
Monday	03/09/20	Waffles Ham Applesauce Milk	Diced Peaches Water	Chili Mac & Cheese Mixed Veggies Diced Pears Crackers Milk	Goldfish Water
Tuesday	03/10/20	Raisin Toast Bacon Sliced Cantaloupe Milk	Yogurt Water	Salisbury Steak Pattie Rice Peas Milk	Bananas Water
Wednesday	03/11/20	Pancakes Sausage Banana Milk	Sliced Cantaloupe Water	Chicken Rice Soup Veggies Crackers Diced Peaches Milk	Pretzels Water
Thursday	03/12/20	Bagels with Strawberry Cream Cheese Milk	Sliced Oranges	Spaghetti with Meat Sauce Green Beans Dinner Roll Milk	Sliced Apples Water
Friday	03/13/20	Oatmeal Sausage	Pineapple Chunks Water	Tuna Sandwich Veggie Chips	Teddy Bear Graham Crackers

DAY OF THE WEEK	DATE	BREAKFAST	SNACK [a.m.]	LUNCH	SNACK [p.m.]
Monday	03/16/20	French Toast Bacon Applesauce Milk	Diced Peaches Water	Chicken Tenders Mac & Cheese Diced Carrots Milk	Animal Crackers Water
Tuesday	03/17/20	Kolaches Sliced Cantaloupe Milk	Bananas Water	Steak Fingers Rice Spinach Milk	Sliced Apples Water
Wednesday	03/18/20	Cold Cereal Bananas Milk	Yogurt Water	Pizza Diced Pears Milk	Rice Krispy Treats Water
Thursday	03/19/20	Waffles Ham Yogurt Milk	Applesauce Water	Chicken Nuggets Mashed Potatoes Green Beans Milk	Mixed Fruit Cups Water
Friday	03/20/20	Cheese Toast Lil' Smokies Sliced Apples Milk	Diced Mixed Fruit Water	Hot Dog with Chili Veggie Chips Milk	Ritz with String Cheese Water
Monday	03/23/20	Oatmeal Sausage Applesauce Milk	Mandarins Water	Mini Corn Dogs Baked Beans Diced Peaches	Graham Crackers Cream Cheese Water
Tuesday	03/24/20	Blueberry Muffins Bacon Sliced Cantaloupe	Yogurt Water	Chicken Noodle Soup with Veggies Crackers Diced Pears Milk	Bananas Water
Wednesday	03/25/20	Bagel with Strawberry Cream Cheese Bananas Lil' Smokies	Sliced Apples Water	Beef Enchiladas Rice Corn Milk	Bananas Water
Thursday	03/26/20	French Toast Sausage Mixed Berries Milk	Sliced Cantaloupe Water	Grilled Chicken Mashed Potatoes Green Peas Milk	Sliced Oranges Water
Friday	03/27/20	Mini Croissants Lil' Smokies (Turkey) Yogurt Milk	Pineapple Chunks Water	Fish Sticks Mac & Cheese Mixed Veggies Milk	Mini Oreos Water

*March 2019
Blessed Lent!!*



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