



JUNE MENU



Grace Episcopal School shops weekly for the freshest fruits from our local community grocery vendors. Our healthy meal & snack choices are prepared on site, every day. In the event your child has dietary restrictions, feel free to pack flavorful food from home or we may be able to provide options.

WEEK		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 5/30st - 6/3rd	AM Snack	Memorial Day- School Closed 	In-Service Day- School Closed 	Fruit Loop Cereal, Yogurt and Whole Milk	Mini Blue Berry Muffin Pineapples and Whole Mik	Sausage Kaloche, Diced Pears, and Whole Milk
	Lunch			Beef Meatballs w/Gravy, Rice, Green Beans, and Whole Milk	Grilled Chicken, Macaroni & Cheese, Carrots, and Whole Milk	Beef Picadillo w/ Vegetables, Torilla Chips, and Whole Milk
	PM Snack			Ritz Bits Cheese Crackers and Water	Goldfish and Water	Vanilla Ice Cream Cups and Water
Week 2 6/6th - 6/10th	AM Snack	Bananas, Multigrain Cheerios, and Whole Milk	Bagels w/Cream Cheese, Mixed Fruit, and Whole Milk	Waffles, Lil Beef Smokies, and Whole Milk	Kix Cereal, Diced Peaches and Whole Milk	Yogurt, Mandarin Oranges and Whole Milk
	Lunch	Chicken Nuggets, Baked Potato Wedges, Green Peas, and Whole Milk	Spaghetti w/Meat Sauce, Corn, Crackers, and Whole Milk	Mini-Corn Dogs, Raw Carrot Chips, Diced Pears, and Whole Milk	Beef Meatballs w/Gravy, Rice, Green Beans, and Whole Milk	Cheese Pizza w/Veggie Chips, Diced Pineapples, and Whole Milk
	PM Snack	Mini Pretzels and Water	Watermelon Slices and Water	Rice Krispy Treats and Water	Vanilla Pudding Cups and Water	Strawberry Frozen Fruit Bars and Water
Week 3 6/13th - 6/17th	AM Snack	Sausage Biscuit, Applesauce, and Whole Milk	Blueberry Muffins, Yogurt and Whole Milk	Pancakes, Bananas and Whole Milk	Pineapples, Bagel, Cream Cheese, and Whole Milk	Donut Holes, Beef Sausage and Whole Milk
	Lunch	Steak fingers, Macaroni & Cheese Mixed Vegetables, and Whole Milk	Chicken Tenders, Mashed Potatoes, Diced Carrots, and Whole Milk	Red Beans w/Beef Sausage, Rice Cornbread and Whole Milk	Grilled Chicken, Noodles, Green Salad, and Whole Milk	Trio Noodles w/ Beef Meat Sauce, Green Beans, Bread, and Whole Milk
	PM Snack	Animal Crackers and Water	Sliced Cataloupe and Water	Nachos w/ Cheese and Water	Watermelon Slices and Water	Chex Mix and Water
Week 4 6/20st - 6/24th	AM Snack	Waffles, Sliced Turkey Ham, and Whole Milk	Blueberry Muffin, Yogurt, and Whole Milk	Cheese Toast, Bananas and Whole Milk	Mini-Crossiants, Diced Peaches and Whole Milk	Breakfast Taquitos, Diced Pears and Whole Milk
	Lunch	Beef Chili Macaroni, Green Peas, and Whole Milk	Chicken Nuggets, Mashed Potatoes, Diced Carrots, and Whole Milk	Beef Enchilada, Rice, Corn, and Whole Milk	Turkey Sub-Sandwich w/ Tomato, ettuce, Veggie Chips, and Whole Mil	Spaghetti w/Chicken Alfredo, Crackers, Green Beans and Whole Milk
	PM Snack	Ritz Crackers, String Cheese, and Water	Bananas and Water	Cheez-It Crackers and Water	Apple Slices and Water	Vanilla Ice Cream Sandwich Water
Week 5 6/27th- 7/1st	AM Snack	Oatmeal w/ Raisins, Applesauce, and Whole Milk	Yogurt, Fruit Loop Cereal, and Whole Milk	Bagels w/Cream Cheese Bacon, and Water	Apple Cereal Bar, Pineapple Chunks, and Whole Milk	Beef Sausage Kaloche, Mixed Fruit Cup, and Whole Milk
	Lunch	Meatballs w/Gravy, Rice Green Beans, and Whole Milk	Chicken Tenders, Macaroni & Cheese Green Peas, and Whole Milk	Steak Fingers, Mashed Potatoes, Diced Carrots, and Whole Milk	Chicken w/ Vegetable Rice Green Salad, and Whole Milk	Spaghetti w/Beef Meat Sauce, Green Beans, Dinner Roll, and Whole Milk
	PM Snack	Mixed Fruit Cups and Water	Chex Mix and Water	Apple Slices and Water	Orange Slices and Water	Mini Oreos Water

NOTE: All changes will be noted on the menu and kept on file in the center. Notes will include date and nature of substitution. Substitutions for dietary restrictions are noted on daily sheet.