



# FIRST STEPS LESSON PLAN



Week of: Sample Lesson

Class: First Steps Kittens

Theme: Storybook Characters– Old Mac Donald

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>Language Arts</b> <small>(Character Education- Baby Sign Language (BSL) Receptive &amp; Expressive Stories, Listening &amp; Responding to cues, Discussions)</small>	REVIEW OF WORDS BOTH VERBAL AND USING B.S.L. FOR COLOR BLUE & CIRCLE SHAPE, MORE, EAT, DRINK, & ALL DONE; INTORDUCE THE COLOR RED AND SQUARE SHAPE				
	<i>"Old Mac Donald Had a Farm"</i>	<i>"Noisy, Noisy Farm"</i>	<i>"Who Took The Farmer's Hat?"</i>	<i>"Big Red Barn"</i>	<i>"Around the Farm"</i>
<b>Music &amp; Movement</b> <small>(Self-Expression, Songs, Finger Play, Rhymes, Instruments-rattles &amp; shakers)</small>	Farm Animal Sounds CD	<i>Five Little Ducks with Duck Puppet</i>	Peek a Boo Moo	Farm Animal Sounds CD	<i>"Oh Where, Oh Where Has My Little Dog Gone"</i>
<b>Fine Motor</b> <small>(Manipulative- grasping, picking up, pincer control, etc.)</small>	Animals and Families Props	Swimming Ducks	Milk the Cow	Who's in the Barn?	Feed the Doggy a Bone
<b>Gross Motor</b> <small>(Physical Coordination- Outdoor/Indoor full body movement)</small>	Animals and Families Props	EXTENDED DOG YOGA POSE 	Fill 'em Up	DOG YOGA POSE 	Review of Extended Dog & Dog Yoga Poses
<b>Sensory / Art Expression</b> <small>(Hands-on individualized art experiences)</small>	Thumbprint Farm Animal Collage	3-D Duck Pond	Purple Cow Tasting	Barn Raising Paper Plate	Dog Bone Painting